Mizoram · India state by state

Mizoram's spring festival comes after the hardest work of the farming year

Chapchar Kut is held in March, once the jhum fields are cleared. Phawngpui is the highest point at 2,157 metres.



2,157 m

Phawngpui, the highest point in the state

Capital	Aizawl
Official language	Mizo and English
Area	21,081 km², 24th largest of 28
UNESCO World Heritage Sites	None yet
Tiger reserves	1
Highest point	Phawngpui, 2,157 m

★ Capital ▲ Tiger reserve ● Town or sight

Tiger reserves: Dampa.

WHAT TO EAT

Bai
Sa-um
Sawhchiar

WHAT TO TAKE HOME

Mizo chilli

It has a GI tag

PLAN AROUND

Chapchar Kut, the spring festival

March

STATE BIRD	STATE FLOWER	STATE TREE
Mrs Hume's pheasant	Red vanda	Iron wood

Every place on our Mizoram map, with forts, temples, lakes and more: **india-4u.com/states/mizoram**

Sources: Area, capital and language: Census of India via Wikipedia. State symbols: Wikipedia, Outline of Mizoram (Mizoram has no state animal entry there, so none is shown). UNESCO: World Heritage Centre. Tiger reserves: NTCA list via Wikipedia, March 2025. GI products: registered GI list via Wikipedia. Dishes: Wikipedia, Indian regional cuisines. Highest point: Wikipedia elevation list. Festival: Wikipedia, Tourism in Mizoram. Checked 25 October 2026.